

1. Debt & Cashflow Recovery Programme

◆ Overview

A focused coaching programme designed to help you regain control of your finances by improving cashflow, managing debt, and stabilising your financial situation.

◆ Format

2–4 Sessions (2-hour sessions)

Structured sessions to assess your situation, identify key issues, and implement practical recovery strategies.

🔍 What You Will Receive

✓ Cashflow Assessment

Clear understanding of your income, expenses, and financial gaps

✓ Debt Situation Review

Overview of existing commitments and repayment pressures

✓ Expense & Spending Analysis

Identify areas of overspending and financial leakage

✓ Recovery Strategy

Practical steps to stabilise and improve your financial position

✓ Behavioural Coaching

Support to improve financial habits and discipline

👤 Who It's For

- Individuals experiencing cashflow pressure
- Those managing multiple debts or financial commitments
- Individuals seeking to regain financial control

✨ What Makes This Different

- Focus on recovery and stabilisation
- Practical, real-life solutions
- Behaviour-focused approach (not just restructuring)
- Step-by-step guidance

🎯 Outcome

- ✓ Improved cashflow clarity
- ✓ Better control over financial commitments
- ✓ Reduced financial stress
- ✓ Clear path towards financial stability